

# Consuelo G. Suarez, MD, PhD

Faculty of Medicine and Surgery  
University of Santo Tomas  
España Blvd, Sampaloc  
Manila, 1008 Metro Manila  
Philippines  
[cgsuarez@ust.edu.ph](mailto:cgsuarez@ust.edu.ph)

17 Gen de Jesus  
San Juan, Metro Manila  
Philippines, 1500  
[bebetsuarez61@gmail.com](mailto:bebetsuarez61@gmail.com)

## EDUCATION

- 2009 PhD Health Sciences, University of South Australia
- 2003 MS Physical Therapy, University of Santo Tomas, Manila, Philippines
- 1986 Doctor of Medicine, University of Santo Tomas, Manila, Philippines
- 1982 BS Physical Therapy, University of Santo Tomas, Manila, Philippines

## RESEARCH EXPERIENCE

- 2016-Present Chief Program Officer, Research Centre for Health Sciences, University of Santo Tomas, Manila, Philippines
- 2015-2017 Research Supervisor, Center of Health Research and Movement Science, College of Rehabilitation Science, University of Santo Tomas, Manila, Philippines
- 2010 Research Team member: Del Monte Fit 'n Right juice drink clinical
- 2007 Research Team member: Metabolic Effects of Corn as Pre-Event Meal
- 2006 Research Team member: Physical fitness testing of the Philippine Army
- 2005 Research Team member: Physiologic Responses of Physically Active Individuals to Hydration: A Comparison of Three Beverages (Sunbolt, Gatorade & Water)
- 2003 Research Team Member, Philippine Sports Talent Identification Project

Research Team leader: Effect of Collagen Hydrolysate in the Knee Osteoarthritis

Research Team leader: Obesity in Emerging Adults in the University of Santo Tomas

Research Team Leader: Diagnostic Accuracy of Boston Questionnaire, Ultrasound and neurodynamic testing in the carpal tunnel syndrome

Research team Co-Leader: Development of Normative Filipino Gait Database for Software-Based Quantitative Gait Assessment System using 3D Motion Capture and Wearable Sensors for Post-Stroke Hemiplegic Gaits. Funding P 7 million from Philippine Council for Health Research and Development

Research Team Project Leader: Development of an insole pressure sensing system with inertial measuring unit for the prevention of foot ulcers in Diabetes Mellitus. Funding P 9.5 million from Philippine Council for Health Research and Development

Research Team Member: Design and Development of a Portable Multi-Sensor System for Sweat Studies. Funding P 14.5 million from Philippine Council for Health Research and Development

Research Team Member: Design of a wearable System for Fall Detection and Vital Signs Monitor System with Wireless Capability and Remote Data Processing. Funding P 4.5 million from Philippine Council for Health Research and Development

Program Lead: PhD in Health Research. Funded by Philippine Council for Health Research and Development and Science Education Institute of the Department of Science and Technology

Program Lead: NICER Program of the University of Santo Tomas: Research Center for Sports Medicine/Rehabilitation. Funding P 59 million from the Department of Science and Technology

## **TEACHING EXPERIENCE**

2015-2018 Adjunct Associate Professor, Division of Health Sciences, University of South Australia  
1996-2006 Dean, College of Rehabilitation Science, University of Santo Tomas, Manila, Philippines  
1991-Present Professor 5, Faculty of Medicine and Surgery, University of Santo Tomas

## **CLINICAL EXPERIENCE**

2020-Present Chairman, Department of Physical Medicine and Rehabilitation, University of Santo Tomas Hospital, Manila, Philippines  
2019-Present Chairman, Department of Physical Medicine and Rehabilitation, Philippine Heart Center  
2000-2020 Chairman, Department of Physical Medicine and Rehabilitation, Our Lady of Lourdes Hospital  
1991 Consultant, A Mabini Rehabilitation Center, University of Santo Tomas Hospital, Manila, Philippines  
1988-1991 Resident, Department of Physical Medicine and Rehabilitation, University of Santo Tomas Hospital, Manila, Philippines

## **HONORS AND DISTINCTIONS**

2018 Gold Awardee in Research Publication, University of Santo Tomas  
2018 International Publication Award, University of Santo Tomas  
2017 Physiatrist of the Year, Philippine Academy of Rehabilitation Medicine  
2016 Gold Awardee in Research Publication, University of Santo Tomas  
2016 International Publication Award, University of Santo Tomas  
2014 Outstanding Faculty (40th Anniversary), University of Santo Tomas  
2014 Gold Awardee in Research Publication, University of Santo Tomas  
2014 International Publication Award, University of Santo Tomas  
2012 Gold Awardee in Research Publication, University of Santo Tomas  
2012 Gold Awardee in Research Publication, University of Santo Tomas  
2012 Best Research, First Global Healthcare Conference, Singapore  
2011 San Alberto Magno Award For best Published Research, Dangal Awards, University of Santo Tomas  
2010 Silver Awardee in Research Publication, University of Santo Tomas

- 2010 Award for Excellence in Pain Research and Management in Developing Countries: Basic Science, International Association for the Study of Pain, Montreal, Canada
- 2009 Department of Health Healthy Lifestyle Advocate Institution Category, National Coalition for the Control and Prevention of Non-communicable diseases, Department of Health
- 2009 President's Scholarship, Phd on Research, Health Sciences, University of South Australia
- 2006 National Institutes of Health-Pfizer, Health Research Fellowship Program, University of the Philippines
- 1982 Rector's Award, University of Santo Tomas

## PROFESSIONAL MEMBERSHIP

- Fellow, Philippine Academy of Rehabilitation Medicine
- Chair, Clinical Practice Guideline Development for Low Back Pain and Stroke Rehabilitation
- Diplomate, Philippine Board of Rehabilitation Medicine
- Past President, Sports Medicine Association of the Philippines
- Past President, Philippine Medical Association
- Regular Member, Philippine Society of Ultrasound in Clinical Medicine
- Founding Member at large, Philippine Society of Clinical Musculoskeletal Ultrasound

## PROFESSIONAL ACTIVITIES

- 1993-1996 Head, Sports Physiology Unit, Philippine Center for Sports Medicine, Philippine Sport Commission

## PUBLICATIONS

1. Work-from-home-related musculoskeletal pain during the COVID-10 pandemic: A rapid review protocol  
Gomez Ivan, Gonzalez-Suarez CB, Sosa Erbvín Ken, Tapang Maria Lourdes  
Accepted for publication: International Journal of Osteopathic Medicine
2. Occupational Therapy Dysphagia Management in Selected Philippine Hospitals During the Time of the COVID-19 Pandemic  
Gonzalez-Suarez CB, Gomez Ivan  
Philippine Journal of Allied Health Science, Volume 5 Issue 2 2022. doi:10.36413/pjahs.0502.00
3. Spatiotemporal Parameters of Gait in Filipino Adults Using the 3-D Motion Capture System.  
Fidel MBCC, Gonzalez-Suarez CB, Cruz AR dela, Roxas EA, Fernandez MR, Cruz CG. Journal of Medicine, University of Santo Tomas. 2021 Dec 31;5(2):744–54.
4. Development of plantar pressure in-sole system for diabetic peripheral neuropathy analysis using pressure mapping sensors.  
Cuenca, Anne Louise M., Ysabelle Rey C. Dizon, Harry A. Espinosa, Ellizer Mernard L. Mendoza, Fhaym C. Sarrondo, Angelo R. dela Cruz, Edison A. Roxas, **Consuelo G. Suarez**, and Kanny Krizzy D. Serrano.  
2019 IEEE 11th International Conference on Humanoid, Nanotechnology, Information Technology, Communication and Control, Environment, and Management (HNICEM), pp. 1-6. IEEE, 2019.
5. Development of Plantar Pressure and SEMG-based Artificial Intelligence System for Detection of Plantar Ulceration  
Molina MB, Llenarizas JE, Dailo PA, Bañez AJ, Arestila VK, Roxas EA, Serrano KK, dela Cruz AR, **Suarez CG**  
2019 IEEE 11th International Conference on Humanoid, Nanotechnology, Information Technology, Communication and Control, Environment, and Management (HNICEM) (pp. 1-6). IEEE.
6. Prediction of diabetic peripheral neuropathy (DPN) using plantar pressure analysis and learning models  
Corpin RR, Guingab HA, Manalo AN, Sampana ML, Abello AN, dela Cruz AR, Roxas EA, **Suarez CG**, Serrano KK..

2019 IEEE 11th International Conference on Humanoid, Nanotechnology, Information Technology, Communication and Control, Environment, and Management (HNICEM) 2019 Dec (pp. 1-6). IEEE.

7. Joint Gait Kinematic and Kinetic Analysis using Inertial Measurement Units and Plantar Pressure Sensor System  
Cruz MA, Legaspi KM, Marcelino RM, Rosete JR, Sangalang DA, **Suarez CG**, Roxas EA, Serrano KK, dela Cruz AR.  
2019 IEEE 11th International Conference on Humanoid, Nanotechnology, Information Technology, Communication and Control, Environment, and Management (HNICEM) (pp. 1-6). IEEE.
8. Sonographic Evaluation of Patellar Tendon Displacement and its correlation with Patellofemoral Pain Syndrome  
  
Consuelo B Gonzalez-Suarez, Cherie-Lee A Apiag, Kris A. Agarao, Fe T. Chavez, Reil V. Espino, Saul A. Sibayan, Mark A. Serra, Ken E. Sosa and Ivan N. Gomez  
  
Journal of Orthopaedics, Trauma and Rehabilitation 2021. Vol 28:1-8  
  
DOI: 10.1177/22104917211035555journals.sagepub.com/home/otr
9. Motor Impairment and Its Influence in Gait Velocity and Asymmetry in Community Ambulating Hemiplegic Individuals  
Gonzalez-Suarez CB, Ogerio CG, dela Cruz AR, Roxas EA, Fidel BC, Fernandez MR, Cruz C.. Archives of Rehabilitation Research and Clinical Translation. 2020 Nov 25:100093. <https://doi.org/10.1016/j.arrct.2020.100093>
10. Eating Habits of College Students in Relation to Obesity. Journal of Medicine, University of Santo Tomas  
Pineda KL, Gonzalez-Suarez C, Espino R V, Escuadra, C J, Balid-Attwell SA, Devora, K, Mendoza D. (2020)., 4(2), 500–509. <https://doi.org/10.35460/2546-1621.2019-0018>
11. Effectiveness of Ultrasound Guided Interfascial Hydrodissection with the Use of Saline-Anesthetic Solution for Myofascial Pain Syndrome of the Upper Trapezius: A Quasi-Experimental Study  
Charidy G. Suarez-Ramos MD, Consuelo G. Suarez MD, PhD, Ivan Neil B. Gomez OTRP, MAEd.  
  
PARM Proceedings 2019 ; 11 (2): 20-26.
12. Comparison of Microsoft Kinect™ and VICON during Gait Analysis of Normal Filipino Participants: a Pilot Study  
Johannes Lorenzo A. Villespin MD, Angelo R. dela Cruz PhD, Consuelo B. Gonzalez-Suarez MD, PhD, Maria Belinda Cristina C. Fidel MD, Mary Monica Bernardo-Bueno MD, Edison A. Roxas PhD, Ma. Roxanne Fernandez MSPT, PTRP, Jason Jake Tan, MSc, Christine Grace V. Ogerio MD, Christopher Gabon Cruz, PTRP, Cyril R. Ong MD  
  
PARM Proceedings 2019 ; 11 (2): 4-13
13. Physical Activity Patterns of College Students of the University of Santo Tomas  
Reil Vinard Espino, Consuelo Gonzalez-Suarez, Karen Leslie Pineda, Stephanie Ann Balid-Attwell, Kristina Devora, Diane Mendoza  
  
Philippine Journal of Allied Health Science 2020; 3 (1). doi:10.36413/pjahs.0302.006
14. Comparison of Core Stability and Hip Muscular Strength in Selected Collegiate Football Players with and without Patellofemoral Pain Syndrome (PFPS)  
Kris Anthony Agarao, Consuelo Suarez, Ken Erbin Sosa, Masayoshi Kubo, Mark Angel Serra, Ellyce Maria Ramona Adamos, John Ritchmond Togonon, Joseph Paolo Badua, Justin Manuel Paltriguera, Wilson John Aseron, Miguel Roberto Umbao  
  
Philippine Journal of Allied Health Science 2020; 3 (1). doi:10.36413/pjahs.0302.004
15. Association between lower extremity movement compensations in the presence of PFPS among female collegiate football athletes: a cross sectional study  
Consuelo Suarez, Saul Anthony Sibayan, Jocel Regino, Masayoshi Kubo, Mark Lyndon Van Aldaba, Pauline Keith Alviza, Miguel Carlo Aytona, Jan Franchesca Bustria, Ivana Paulina Pastrano, Pablo Maria Rafael Ramos, Roxanne Fernandez  
  
Philippine Journal of Allied Health Science 2020; 3 (1). doi:10.36413/pjahs.0302.005
16. Challenges in Implementing Research Initiatives at the Faculty of Medicine and Surgery of the University of Santo Tomas  
Gonzalez-Suarez CB, Domingo-Maglinao ML, Dee-Chan R, Atienza MM. Issues and. Journal of Medicine, University of Santo Tomas. 2019 Oct 31;3(2):348–59.
17. Answering the health needs of the Filipino community: Letter to the editor  
Consuelo B. Gonzalez-Suarez, MD, PhD. Philippine Journal of Allied Health Sciences 2019 Volume 1

18. Diagnostic Accuracy of Ultrasound Parameters in Carpal Tunnel Syndrome: Additional Criteria for Diagnosis  
 Consuelo B. Gonzalez-Suarez, MD, PhD, Belinda C. Fidel, MD, Jan Tyrone C. Cabrera, MD, Fatima C. Dela Cruz, MD, Maria Veronica T. Gesmundo, MD, Carina Fatima G. Regala, MD, Rochelle Saratan, MD, Charidy G. Suarez, MD, Karen Grimmer, PhD  
 Journal of Ultrasound in Medicine. First published: 17 April 2019 <https://doi.org/10.1002/jum.15012>
19. Treatment of Adhesive capsulitis using Ultrasound guided Hydrodistension of Shoulder Joint as an adjunct to Physical Therapy: A Case series  
 Ogerio C, Gonzalez-Suarez, CB  
 PARM Proceeding 2018: 10 (2): 45 -53
20. Stratifying minimal versus severe pain in knee osteoarthritis utilizing a musculoskeletal ultrasound protocol  
 Bernardo-Bueno M, Gonzalez-Suarez CB, Malvar A, Cua R, Feliciano D., Tan-Sales B, Aycardo SM, Tan-Ong M, Chan R, delos Reyes F.  
 Journal of Ultrasound in Medicine : 21 September 2018 <https://doi.org/10.1002/jum.14819>  
 Journal of Ultrasound in Medicine (June 2019): 38(6): 1411-1423
21. Predictors of medical complications in stroke patients confined in hospitals with rehabilitation facilities: a Filipino audit of practice  
 Gonzalez-Suarez C, Grimmer K, Cabrera JT, Alipio I, Anota-Canencia EG, Santos-Carpio ML, Dizon JM, Liao L, Martinez R, Beredo E, Valdecanas C, Yu V For the PARM [Philippine Academy of Rehabilitation Medicine] Clinical Guideline Contextualization Group Affiliation  
 Neurology Asia 2018; 23(3) : 199 – 208
22. Inter-rater and Intra-rater Reliability of Sonographic Median Nerve and Wrist Measurements  
 Gonzalez-Suarez CB, Buenavente ML, Cua RC, Fidel MB, Cabrera JC, Regala CF.  
 J Med Ultrasound 2018;26(1): 13-21
23. Myositis Ossificans of both deltoid muscles after intramuscular Diphenhydramine injection  
 Villespin JL, de Leon, MT, Gonzalez-Suarez, CB  
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24. Videotape Instruction Vs Brochure On The Effectiveness Of Unsupervised Home Exercise Program In Patients With Knee Osteoarthritis.  
 Regino JM, Mercado VF, Gonzalez-Suarez CB, Aguinaldo JB, Yu MJ, Oquiñena MTI, delos Reyes F.  
 Journal of Medicine, University of Santo Tomas 2017. 1(1):68–75.
25. Effect of Collagen Hydrolysate as adjuvant treatment to exercise for knee osteoarthritis  
 Daniel Feliciano, Consuelo B. Gonzalez-Suarez, Mary Monica Bernardo-Bueno, Andrea Kristina Malvar, Ronald Christopher Cua, Bee Giok Tan-Sales, Svetlana Maris Aycardo, Millicent Tan-Ong, Robert Chan, Francisco delos Reyes  
 PARM Proceedings 2017, 9 (1): 4 -17
26. Comparison between Sonographic Longitudinal-Sagittal Technique and Transverse Axial Technique in Sonographic Evaluation of the Articular cartilage in knee osteoarthritis  
 Ronald Christopher Cua , Andrea Kristina Malvar, Mary Monica Bernardo-Bueno , Consuelo B. Gonzalez-Suarez, Bee Giok Tan-Sales, Svetlana Maris Aycardo, Millicent Tan-Ong, Robert Chan, Daniel Feliciano, Francisco delos Reyes  
 PARM Proceedings 2017, 9 (1): 18-23
27. Pain scores and Sonographic changes of elbow in patients with lateral epicondylalgia managed by biomechanical taping  
 Jan Michael Lleva, Consuelo B. Gonzalez-Suarez, Valentin Dones III, Kimberly Ann Cheng, Armand Logan Borbe, Andrew Carlo Dioson, Maron Geronimo, Anna Patricia Laigo, Reina Nakahata, Nikki Sebastian  
 PARM Proceedings 2017, 9 (1): 24 -32

28. Advancing Evidence-Based Practice in Physical Therapy Settings:  
Multinational Perspectives on Implementation Strategies and Interventions  
Susanne Bernhardtsson, Elizabeth Lynch, Janine Margarita Dizon, Jasmin Fernandes, Consuelo Gonzalez-Suarez,  
Lucylynn Lizarondo, Julie Luker, Louise Wiles, Karen Grimmer  
Physical Therapy Journal volume 96. DOI: 10.2522/ptj.20160141 Published August 11, 2016
29. Modification and Translation of the Boston Carpal Tunnel Questionnaire into Filipino  
Feliciano DD, Gonzalez-Suarez C  
PARM Proceedings 2015, 8(1): 4-25
30. Soft Tissue Involvement in Knee Osteoarthritis through Musculoskeletal Sonography  
Malvar AK, Bernardo MM, Gonzalez-Suarez C, Tan-Sales BG, Aycardo SM, Chan R, Tan-Ong M  
PARM Proceedings 2015, 8(1): 47-61
31. Updating Contextualized Clinical Practice Guidelines on Stroke Rehabilitation and Low Back Pain Management Using A Novel  
Assessment Framework That Standardizes Decisions  
Gambito EDV, Gonzalez-Suarez C, Grimmer K, Valdecañas C, Dizon J,  
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DOI: 10.1186/s13104-015-1588-8  
URL: <http://www.biomedcentral.com/1756-0500/8/643>
32. Determination of the Longitudinal Median Nerve Mobility in different Neurodynamic techniques  
**Gonzalez-Suarez C, Dizon JN, Fidel B, Cua R, Dones V, Lesniewski P, Thomas J.**  
Hand Therapy first published online November 14, 2015 as doi:10.1177/1758998315617784
33. Stroke Rehabilitation in the Philippines: An Audit Study  
CB Gonzalez-Suarez, K Grimmer, I Alipio, EG Anota-Canencia, ML Santos-Carpio, JM Dizon, Liao L, Cabrera  
T, Martinez R, Berredo E, Valdecanas C, Yu V.  
Disability, CBR & Inclusive Development. 2015; 26 (3) 2015; doi 10.5463/DCID.v26i3.446
34. Median Nerve Mobility Measurement using a Motion Tracking Analysis Program: A Reliability Study  
Gonzalez-Suarez C, Dizon JN, Fidel B, Cua R, Dones V, Lesniewski P, Thomas J.  
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35. The use of motion tracking analysis program in detecting linear muscular displacement of the Extensor Digitorum Communis in  
patients with lateral epicondylalgia: a cross sectional study  
V Dones, C Suarez, CD Rimando, M Yap, Seril, JF Lopez, LB Dizon, JO Carbajal, CD Francisco, JD  
Macaranas, JH Paris  
Austin Journal of Musculoskeletal Disorders (June) 2015;2(2): 1021.
36. Validation of the M.D. Anderson symptom inventory - head-and-neck – Filipino (MDASI – HN – F): clinical utility of  
symptom screening among head-and-neck cancer patients  
Warren R. Bacorro, MD, Teresa T. Sy Ortin, MD, Consuelo G. Suarez, MD, Tito R. Mendoza, PhD, MS, MEd,  
Jocelyn C. Que, MD, Med  
BMJ Journal of Palliative Care 2015 May 3. pii: bmjpcare-2014-000787. doi: 10.1136/bmjpcare-2014-000787.  
[Epub ahead of print]
37. Is what Filipino children eat between meals associated with body mass index?  
CB Gonzalez-Suarez, MD, PhD, K Lee-Pineda, MSPH, N Caralipio MA, Karen Grimmer PhD, E Sibug, MCN, Z.  
Velasco, MSC

38. Protocol for audit of current Filipino practice in rehabilitation of stroke inpatients  
Gonzalez-Suarez CB, Dizon MR, Grimmer K, Estrada M, Liao L, Malleta A, Tan E, Marfil V, Versales C, Suarez J, So K, Uyehara E  
  
J Multidiscip Healthc. 2015 Mar 2;8:127-38. doi: 10.2147/JMDH.S61813. eCollection 2015
39. Development of Musculoskeletal Ultrasound Protocol for the Assessment of Knee Osteoarthritis  
Bernardo M, Gonzalez-Suarez C, Tan-Sales BG, Aycardo SM, Chan R, Tan-Ong M.  
  
PARM Proceedings 2015; Volume 7 (1): 13-27 ISSN 2244-2405
40. Effectiveness of Robot-assisted Therapy on the Improvement of Distal Upper Extremity Impairment among Patients with Stroke: A Systematic Review  
Feliciano DD, Gonzalez-Suarez C  
  
PARM Proceedings 2015; Volume 7 (1): 49-62. ISSN 2244-2405
41. Radial nerve measurements in non-symptomatic upper extremities of Filipinos: A cross sectional study  
Gonzalez-Suarez C, Dones V, Grimmer K, Thoires K, Milanese S, Atlas A  
  
Muscle and Nerve 2015; 52: 568–575
42. Diagnostic Value of Musculoskeletal Ultrasound in Acute and Chronic Lateral Epicondylalgia  
  
Dones V, Grimmer K, Milanese S, Gonzalez-Suarez C, Thoris K, Kumar S.  
  
The Internet Journal of Allied Health Sciences and Practice (2014); 12 (4): ISSN 1540-580X
43. The Reliability Of Musculoskeletal Ultrasound Video Tracking Of Muscle And Tendon Displacement  
Dones Valentin, Thomas John, Lesniewski, Peter, Thoires Kerry, Grimmer Karen, Suarez Consuelo  
  
International Journal of Scientific and Research Publications, Volume 4, Issue 10, October 2014 1  
ISSN 2250-3153
44. Cardiovascular Risk Factors in Employees of a Cardiac Institution  
P Agunod-Cheng , R Javelosa, G Vilela, CG Suarez, MT Icasiano, MI Bunyi  
  
Philippine Journal of Cardiology 2014; 42 (1): 10-19
45. Evidence on the effectiveness of interferential current therapy in the treatment of knee osteoarthritis: A meta-analysis.  
ML D Buenavente, CB Gonzalez-Suarez, MA B Lee-Ledesma, LA S Liao  
  
OA Arthritis 2014 May 10;2(1):7.
46. Clinical Audit of breast Cancer care at the Benavides Cancer Institute, University of Santo Tomas; Part I, methods and tools  
Sy Ortin TT, Mejia MBA, Dizon JM, Grimmer K, Gonzalez-Suarez C, Bacorro W, Co J, Caguio P, Calma C, etc  
  
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47. The Diagnostic Validity of Musculoskeletal Ultrasound in Lateral Epicondylalgia: A Systematic Review  
Dones, VC, Grimmer K, Thoires K, Gonzalez-Suarez C, Luker J  
  
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Citation as of June 2015: 3
48. Implementation of recommendations from the PARM Stroke In -Patient Rehabilitation Guideline: a plan of action.

Gonzalez-Suarez C, Dizon J, Grimmer K, Rafanan JB, Estrada M, Liao L, Malletta A, Marfil JV, Sanchez-Versales C, Suarez J, So K, Tan M, Uyehara E, Martinez R

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49. Depressive symptoms among cancer patients in a Philippine tertiary hospital: Prevalence, factors, and influence on health-related quality of life

Que J, Sy-Ortin T, Anderson KO, Gonzalez-Suarez C, Feely TW, Reyes-Gibby C

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50. Diagnostic Accuracy of Musculoskeletal Ultrasonography versus Electromyography and nerve conduction velocity studies in carpal tunnel syndrome-A meta-analysis

Mercado V, Gonzalez-Suarez C, Ner M, Gambito E.

PARM Proceedings 2013; 5 (1): 53-67

51. Modification and Translation of the Knee outcome survey-activities of daily living scale (KOS-ADLS) into Filipino

J Aguinaldo MD, CB Gonzalez-Suarez MD, PhD, MJ Yu, MD

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52. The search for guidelines in Physical and Rehabilitation Medicine: International Society of Physical and Rehabilitation medicine whistling from Southeast Asia

Marta Imamura, MD, PhD, Consuelo Gonzalez-Suarez, MD, PhD

Reynaldo Rey-Matias, MD, Bonifacio Rafanan, MD and Levent Özçakar, MD

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53. Philippine Academy of Rehabilitation Medicine: Stroke Rehabilitation Clinical Practice Guidelines  
Project Leader

Uploaded in the Philippine Academy of Rehabilitation Medicine website

<http://www.eparm.org/pdf/STROKE-Guideline.pdf>

54. Philippine Academy of Rehabilitation Medicine: Low Back Pain Clinical Practice Guidelines  
Member

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55. Effectiveness of Extracorporeal Shockwave Therapy in Chronic Plantar Fasciitis: A Meta-Analysis

JN Dizon, CB Gonzalez-Suarez, E Gambito, M Zamora

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56. Contextualising Western guidelines for stroke and low back pain to a developing country (Philippines): An innovative approach to putting evidence into practice efficiently

CB Gonzalez-Suarez, K Grimmer-Somers, JM Dizon, E King, S Lorenzo,

C Valdecanas, E Gambito, B Fidel

Journal of Healthcare Leadership 2012;4 141–156

57. The Association of Physical Fitness with Body Mass Index and Waist Circumference in Filipino Pre-adolescents

CB Gonzalez-Suarez, N Caralipio, E Gambito, JJ Reyes, RV Espino. R



58. Obesity and overweight in South East Asian Children  
CB Gonzalez-Suarez, A Worley, K Grimmer-Somers  
Ad Veritatem: Multi-disciplinary Research Journal of the UST Graduate School  
2012: 11 (2): 295 -326
59. Cardiovascular Fitness and Caloric Intake in Filipino Obese Children: an Observational Study  
C.B. Gonzalez-Suarez , K. Lee-Pineda , M.T.G. Zamora , E.O. Sibug , Z.F. Velasco, K. Grimmer-Somers  
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60. Inter-tester reliability of sonographers in detecting pathological lesions in the elbow of individuals with lateral epicondylar pain  
VC Dones, K Grimmer-Sommers, K Thoirs, CB Gonzalez-Suarez  
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61. Physical Fitness and Academic Performance of Pre-Adolescents in a selected school in Manila  
MT Oquiñena, CB Gonzalez-Suarez  
PARM Proceeding 2012; 4 (1): 97 – 103
62. Evidence of the Accuracy of Musculoskeletal Ultrasound in comparison to Magnetic Resonance Imaging in diagnosing rotator cuff tear of the shoulder: A systematic review and Meta-analysis  
A Ruiz, MT Zamora, CB Gonzalez-Suarez  
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63. Evidence on the effectiveness of Magnetic therapy in the treatment of Neuromuscular pain conditions: a systematic review and meta-analysis  
MJ Yu, CB Gonzalez-Suarez  
PARM Proceeding 2012; 4 (1): 136 -137
64. The association of physical activity and physical fitness with pre-adolescent obesity: an observational study in Metromanila, Philippines  
Gonzalez-Suarez C, Grimmer-Somers K  
Journal of Physical Activity and Health 2011; 8 (6): 804-810
65. The double burden of nutrition in Southeast Asia, putting prevalence of underweight and overweight in Metromanila, Philippines into the Southeast Asian Context  
Consuelo Gonzalez-Suarez, Anthea Worley, Karen Grimmer-Somers  
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66. Pedometer Assessed Physical Activity Levels of Adolescents in a selected school in Manila  
Gonzalez-Suarez C, Perea A, Medalla M, Lopez H, Villanueva X, Atlas A  
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67. “Childhood Obesity management and treatment: Guidelines requiring operationalisation to local contents” In: Practical Tips for Using and Developing Guidelines: An Allied Health Primer  
Gonzalez-Suarez C, Dizon, JM  
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Aquino D, Gonzalez-Suarez C  
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71. Effect of exercise programs in improving balance and preventing falls among community dwelling elderly: a meta-analysis of randomized trails  
L Chua, BG Tan-Sales, CB Gonzalez-Suarez  
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72. Is Food Intake Associated With Pre-Adolescent Obesity? An Observational Study In Metromanila, Philippines  
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