

Charito Malong-Consolacion, RN, MD

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Recently awarded as one of the Most Outstanding Thomasian Alumna of the College of Nursing 2021, a recipient of Dangal ng UST Award for Most Outstanding Teaching Performance in 2018 (Associate Professor Level) and a nominee in 2015 for the Most Outstanding Teacher (Assistant Professor Level); Second placer in the Fellowship Inter-Departmental Paper Presentation among Fellows in University of Santo Tomas Hospital (2006); an advocate of the training development program for Barangay Health workers through the Philippine Society of Nephrology; Medical Director of three Dialysis Centers: Hemotek Renal Dialysis Center in Malate and Highpointe branch as well as St. Jude Dialysis Center; Section Head of Internal Medicine in Dr. Jose Fabella Memorial Hospital; active consultant (Internist-Nephrologist) of the University of Santo Tomas Hospital and a Nephrology affiliate of Jose Reyes Memorial Hospital and In-house Nephrologist of Nephrocare Dialysis Center.

Dr. Charito P. Malong-Consolacion is a Fellow of both Philippine College of Physician and Philippine Society of Nephrology. She had completed her Masteral in Hospital Administration in the Graduate School of University of Santo Tomas as Magna Cum laude last June 2018. She finished Bachelor of Science in Nursing and Doctor of Medicine in the same institution.

She has been invited to several fora as a speaker and resource person to shed light on the various aspects of Kidney Disease. Just recently, she had a teleradyo guesting at UNTV to talk about the latest guidelines on stages/classification, diagnosis and treatment in hypertension released by the American Heart Association and Philippine Hypertensive Society. She is also engaged in employee's development program and Tuberculosis screening program among employees of Dr. Jose Fabella Memorial Hospital as the Chairman of the committee.

In her 14 years of practice as a Nephrologist, she immerses herself in the various activities concerning Public Health by the Philippine Society of Nephrology and Community Development of the College of Nursing in UST. At present, she is an Associate Professor 4 at the University of Santo Tomas, College of Nursing and the Medical Director of UST Hospital.

Being committed in the training of future Internist and Nephrologist, she has been a Third year Residency Training Officer/Coordinator in the Department of Internal Medicine Jose Reyes Memorial Hospital from 2015-2018, overall all head of Residency training Committee of JRRMC from 2019-2021 and a Research Coordinator among the residents of Quezon City General Hospital and fellows of the Section of Nephrology in the Department of Medicine USTH and JRRMC. Her passion in research is balanced by her strong will to protect participants in the study and this is manifested in her commitment as an active member of the Ethics Review Board in the College of Nursing, UST.

Starting her humble beginnings in the College of the Immaculate Conception in Cabanatuan City, Nueva Ecija from Grade School to High School, she values the "Ang Probinsiyana Ways" of doing things. The challenges of adapting and surviving college life in Manila and saving money to finish nursing and prepare for medicine was not an easy task for her. The motivation she got from her family inspired her to become a devoted mother to three beautiful, intelligent and loving children: Matt, Marc and Marielle. She considers her family as her most important achievement in life. Despite her busy schedule, her family is her top priority. She derives her fulfillment as a wife by attending to the needs of her husband who happens to be an Accountant.