

Nilo C. De Los Santos, MD

Faculty of Medicine and Surgery
University of Santo Tomas
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EDUCATION

BS Physical Therapy
1975 - 1979 University of Santo Tomas
Physical Therapy Board 1980

Doctor of Medicine
1979 - 1983 University of Santo Tomas
Medical Boards 1985

Medical Internship
1984 - 1985 Santo Tomas University Hospital

General Surgery
1986 - 1990 Santo Tomas University Hospital
Residency Program in General Surgery
Diplomate Phil. Board of Surgery 1990
Fellow Philippine College of Surgeons 1992
Fellow Philippine Society of General Surgeons 2006

Fellowship in Experimental and Laparoscopic Surgery
April – July 1994 Singapore General Hospital

MS Epidemiology
June 1999 – 2001 University of the Philippines
College of Public Health

ATLS (Advance Trauma Life Support) Course
June 2004 Loma Linda University Hospital
Loma Linda, California, USA

Hernia Workshop
July 2006 National University of Singapore
Minimal Invasive Center, Singapore

Advance Laparoscopic Workshop
August 2009 University Medical Center
Ho Chi Minh City, Vietnam

Masters in Management Hospital Administration
June 2011-2013 Philippine Christian University

TEACHING EXPERIENCE

Instructor 4
1991 - 1995 UST Faculty of Medicine and Surgery

Assistant Professor 1
1995 - 1998 UST Faculty of Medicine and Surgery

Assistant Supervisor, Surgery
1998 - 1999 UST Faculty of Medicine and Surgery

Assistant Professor 3
1999 – 2002 UST Faculty of Medicine and Surgery

Associate Professor 1
2003 – 2005 UST Faculty of Medicine and Surgery

Associate Professor 22
2005 – 2008 UST Faculty of Medicine and Surgery

Associate Professor 3
2008 – to present UST Faculty of Medicine and Surgery

PROFESSIONAL MEMBERSHIP

Philippine Medical Association
Philippine College of Surgeons
Philippine Society of General Surgeons
Philippine Society of Laparoscopic Surgeons
Philippine Society for the Surgery of Trauma
Asian Surgical Association
American College of Surgeons
Philippine Association of Training Officers in Surgery

PROFESSIONAL ACTIVITIES

2020 to present Governor, American College of Surgeons (Philippine Chapter)
2020 to present Director, Philippine Board of Surgery
2019 President, American College of Surgeons (Philippine Chapter)
2013 to 2017 Chair, Department of Clinical Epidemiology, UST Faculty of Medicine and Surgery
2013 President of the Philippine Society of General Surgeons
2011 June up to present Vice President and Chief Medical Officer, DE LOS SANTOS MEDICAL CENTER
2010 Assistant Vice President for Medical Affairs and Chief of Clinics, DLS-STI Medical Center
2010 to present Chair, Department of Surgery East Avenue Medical Center
2009 to 2010 Secretary, Philippine Society of General Surgeons, Inc.
2008 President, Philippine College of Surgeons-Metro Manila Chapter
2008 to 2013 Director, Philippine Society of General Surgeons, Inc.
2007 to 2013 Secretary, Department of Epidemiology UST Faculty of Medicine and Surgery
2007 to 2011 Medical Director, DLS-STI Mega Clinic
2007-2008 Vice President, Philippine College of Surgeons-Metro Manila Chapter
2006 – 2009 Assistant Medical Director, De Los Santos-STI Medical Center
2006 to present Interns Coordinator, Philippine Centers for Specialized Health Care, DOH
2006 to 2009 Member, Institutional Review Board, UST Hospital
2005 – 2010 Supervisor, Surgery 1 Department of Surgery UST Faculty of Medicine and Surgery
2005 – 2007 Director, Philippine Society of General Surgeons
2005 – 2006 Treasurer, Philippine College of Surgeons-Metro Manila Chapter
2005 – 2006 Chair, Hospital Bids and Awards Committee, East Avenue Medical Center
2004 – 2006 Chair, Hospital Committee on Accreditation and Training, East Avenue Medical Center
2002 to present Associate Editor Phil Journal of Surgical Specialties
2002 – 2006 Member, Committee on Examination (Written Examination for Diplomate), Phil Board of Surgery
2001 – 2009 Chair, Education Training and Research, East Avenue Medical Center
2001 – 2008 Board of Directors, Philippine College of Surgeons-Metro Manila Chapter
2001 – 2005 Head, Comm. on Research, Department of Surgery, UST Faculty of Medicine and Surgery
2001 – 2002 Member, Residency Training Committee, Department of Surgery, Santo Tomas University Hospital
2001 – 2002 President, Philippine Society for the Surgery of Trauma
2001 - Chairman, Comm. on Research, Phil. College of Surgeons

2000 – to present Oral examiner, Phil Board of Surgery
2000 - Vice President, Philippine Society for the Surgery of Trauma
1999 – 2009 Vice Chairman, Department of Surgery, De Los Santos Medical Center
1999 Secretary, Philippine Society for the Surgery of Trauma
1998 – 2000 Chairman, Comm. on Trauma, Phil. College of Surgeons
1996 – 2002 Training Officer, Department of Surgery, East Avenue Medical Center
1996 – 2002 Rotating Consultant, SICU, Department of Surgery, Santo Tomas University Hospital
1994 - 1998 Member, Residency Training Committee, Department of Surgery, Santo Tomas University Hospital

HONORS AND DISTINCTIONS

Outstanding Senior Physician 2020 (Quezon City Medical Society)
Dangal ng UST Awardee 2012 & 2017 (University of Santo Tomas)
Knight of the Knife Awardee 2017 (Philippine College of Surgeons – Metro Manila Chapter)
Most Outstanding Achievement as Dedicated Medical Staff 2017 (De Los Santos Medical Center)
Presidential Award for Distinguished Service 2013 (Philippine Society of General Surgeons)

PUBLICATIONS

Thyroid Drain: Is it necessary? Author. Published PJSS 1991. Scrimp Technique in the Rapid Cytologic Diagnosis of Surgical Specimens. A Local Experience. Co-author Published PJSS Vol. 48 No.2 Apr-June 1993.

Surgical Management of Bleeding Esophageal Varices Secondary to Portal Hypertension. Co-author Published PJSS Vol. 52 No 2 Apr-June 1997.

Pancreatic Papillary Cystadenocarcinoma in a 15-year-old Female. Co-author Published PJSS Vol. 53 No 1 Jan-Mar 1998.

Ten Cases of Intestinal Obstruction and perforation Associated with Ingestion of Fruit Seeds. Co-author Published PJSS Vol. 53 No 2 Apr-June 1998.

Sixty-One Pancreaticoduodenectomies in a University Hospital. A 13-year Experience. Co-author Published PJSS Vol. 53 No 3 July-Sept 1998.

Upper and Lower Gastrointestinal Bleeding. Contributor Handbook of Medical and Surgical Emergencies 5th Edition UST Faculty of Medicine and Surgery Sept 1998.

Trauma Treatment Guidelines Manual. 1st Edition. Editor and Contributor. Phil. College of Surgeons. Dec 1998.

Handbook of Minor Surgery. Editor and Contributor. UST Faculty of Medicine and Surgery Sept 1999.

Manual on Basic Surgical Skills: Principles and Applications. Contributor. Phil. College of Surgeons. 1999.

Manual Common Household Emergencies. Philippine college of Surgeons-Metro Manila Chapter. 2004. Editor and Contributor.

Evidenced Based Clinical Practice Guidelines. Gallbladder Stones. Technical Working Group. 2003 Philippine Journal of Surgical Specialties

Evidenced Based Clinical Practice Guidelines. Bile Duct Stones. Technical Working Group. 2004 Philippine Journal of Surgical Specialties

Evidenced Based Clinical Practice Guidelines. Adult inguinal Hernias. Technical Working Group. 2005 Philippine Journal of Surgical Specialties

Evidenced Based Clinical Practice Guidelines. Thyroid Nodules. Technical Working Group. 2008 Philippine Journal of Surgical Specialties